

# Fall Prevention For The Elderly Starts In The Bathroom

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Providence, RI (<u>BizHWY</u>) July 24, 2018 - There should never be a point in life where getting around your home becomes a struggle, and it certainly should not be dangerous. Home HealthSmithâ,,¢ understands your basic needs for both safety and mobility. That's why we offer a variety of home access, bathroom safety products and home modification services to keep you safe.

A 2013 study from the National Center for Biotechnology Information showed that the most common place for people 65 and up to suffer a fall is in the bathroom. Home Healthsmithâ,,¢wants to help keep the experience of not just taking a shower or bath, but doing anything bathroom-related, as easy and safe as possible.

### **Bathroom Safety Products for Seniors**

### Portable Shower Bay

Our Shower Bay is basically a mobile shower unit, which is designed especially for wheelchair access. This product is highly recommended by safety experts if your current shower is not wheelchair-accessible. Better yet, our portable shower units can fit right inside your bedroom, or anywhere in your house that is most desirable or practical. Our portable shower bay requires only four feet of width and length, and a little more than four feet of height.

The shower door ensures privacy, while also keeping the water in. As long as the door is fully closed, water will exit through the external hose, and then down the drain where it is attached to.

The Shower Bay's "snap-together' model, makes it simple to put together and allows for it's portability as well. Be aware the we can install it for you ourselves, as with any of our products, if needed.

### Adjustable Grab Bars

Home Healthsmithâ,,¢grab bars pass all ADA guidelines and building codes. The Pressalit grab bar units we sell and install can fold against the wall, while also being horizontally and vertically adjustable. No matter which model you choose from, you won't have to worry about the bar coming out of the wall. Our grab bars are securely fastened to the wall.

## Shower Seats With Foldable Arm Rests

A shower seat will add a whole new dimension to your mobility and sense of personal freedom. Our standard chair features adjustable height which makes it easy to move your position while in the shower. The Pressalit Plus shower seat has foldable armrests along with powered adjustable height, makes it easy to find just the right fit, while also greatly enhancing safety and the prevention of a slip or fall.

### Toilet Accessories

In addition to shower and bathing accessories, Home Healthsmith also sells and installs a variety of modified toilet seats.



The TILT toilet features an inclined seat that has non-slip covers that are compatible with most style bowls. The seat also supports up to 325 pounds, and comes with a two-year warranty.

These products can make your bathroom life easier. Visit our website at www.HomeHealthsmith.com or give us a call now at 401-293-0415.

Web Site: http://https://homehealthsmith.com

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